

PATIENT REGISTRATION FORM

Amy Joy Smith, NP

Phone: 714-782-0042

Please call our office as soon as possible to cancel or change your appointment.

Our email address is admin@amyjoysmith.com.

Please complete the following:

Name

Date of Birth: *

First Name

Last Name

Month Day Year

Date

Month Day Year

Address

Street

City

State

Zip

Home Phone:

Cell:

Work:

Email: *

example@example.com

Age:

Gender: *

Occupation:

If minor: I live with:

Parents

Siblings

Extended Family

Other

Parent Information

Parents Name

Cell Phone

Home Phone

Marital Status

#1

#2

Who should be contacted regarding appointments and other matters

Self

Other

Pharmacy name, address and phone number

Local PCP, provider. Name, address, phone number

INSURANCE

Insurance Company

Policyholder's name, date of birth, and relationship to you;

Member ID number;

Rx BIN, PCN, and Group ID or Rx Group if applicable)

IN CASE OF EMERGENCY

Emergency Contact Person:

Phone Number:

How did you hear about Amy Smith?

Reason for visit:

PATIENT MEDICAL DATA

Please list all allergies and sensitivities. (drugs, foods, chemicals, environmental):

Please list all current medications (include over-the-counter and prescription medications): If none please put none in first box

	Medication	Dose	Frequency Taken
Medication Name/ Dose/ Frequency			
Medication Name/ Dose/ Frequency			
Medication Name/ Dose/ Frequency			
Medication Name/ Dose/ Frequency			
Medication Name/ Dose/ Frequency			
Medication Name/ Dose/ Frequency			

Supplement list (Please list all herbs, vitamins, nutritional supplements, with dosage if possible):

Please list all medical diagnoses:

Please list all surgeries (with year):

Please list all hospitalizations (with year)

Please list all therapies you use acupuncture, massage, physical therapy etc:

HEALTH HISTORY

Please list your health problems in order of importance to you

1. *

2.

3.

4.

5.

6.

7.

8.

9.

10.

Please list all animals you come in contact with

FAMILY HISTORY

	Mother	Father	Sisters	Brothers	Children
Age(if living)					
Health (Good, Fair, poor)					
Age of Death (if deceased)					

LIFESTYLE AND HABITS

Check all the apply:

	Mother	Father	Sisters	Brothers	Children
Asthma					
Allergies / Mast cell					
Autoimmune					
Cancer					
Cardiovascular/ BP					
Diabetes					
Epilepsy/ Seizures					
Food intolerance					

Mother

Father

Sisters

Brother

Children

Heart disease

Immune / infections

Kidney disease

Mental Health Issues

Thyroid disease

OTHER

DESCRIBE A TYPICAL MEAL:

Breakfast

Lunch

Dinner

Snacks

Drinks

What are your three favorite foods?

1st

2nd

3rd

What three foods do you dislike the most?

1st

2nd

3rd

Do you:

Yes	No	If applicable Please Describe
-----	----	----------------------------------

Average 6-8 hours' sleep?

Have a supportive relationship?

Have a history of trauma?

Have a history of abuse?

Take vacations?

Spend time outside?

Watch television?

How many hours weekly?

Read books?

How many hours weekly?

Computer games/browsing?

How many hours weekly?

Spiritual/Religious practice?

Please describe

Do you smoke?

How much?

Did you smoke in the past?

How many years? How many packs a day?

Do you eat three meals a day?

Do you eat out often?

How many meals per week?

Do you drink coffee?

How many cups a day?

Do you drink tea?

How many cups a day?

Do you drink soft drink?

How many cups a day?

Do you use sugar?

How much?

Use alcoholic beverages?

How often?

Enjoy your work

Yes= A problem you have now

No=Never had this problem

Past= Had it in the past

Mental/Emotional

Y N P

Mood Swings

Depression

Anxiety/Nervousness

High Stress Level

Memory Problems

Considered Suicide

Poor Concentration

REVIEW OF SYSTEMS

Gastrointestinal

	Yes	No	Past	Remarks
Bowel Movements- How Often?				
Nausea				
Vomiting				
Vomiting Blood				
Trouble Swallowing				
Blood in Stool				
Pain/Cramps/Bloating				
Belching or Gas				
Gall Bladder Disease				
Liver Disease				
Heartburn				
Change in Appetite				
Constipation				
Diarrhea				
Black Stools				
Ulcers				
Hemorrhoids				

Cardiovascular

	Yes	No	Past
Heart Disease			
High Blood Pressure			
Low Blood Pressure			
Blood Clots			
Phlebitis			
Rheumatic Fever			
Swelling in Ankles			
Angina			
Heart Murmurs			
Fainting			
Irregular Heartbeat			
Chest Pain			

Urinary

	Yes	No	Past	Remarks
Pain on Urination/ Frequency				
Frequent Infections				
Inability to Hold Urine				
Frequency at Night?				
Kidney Stones				

Male Reproductive**Yes****No****Past****Remarks****Testicular Pain****Sexually Active****Premature Ejaculation****Impotence****Prostrate Disease****Hernias****Testicular Masses****Sexually Transmitted Disease****If so, what kind****Female Reproduction****Yes****No****Past****Remarks****Age of first period****Date of last period****If menopausal, date of last period****Length of cycles****Are they regular?****Bleeding between cycles****Clotting/Heavy Bleeding****Discharge****Menopause Symptoms****Painful Periods?****Endometriosis?****Ovarion Cysts?****Sexually Active?****Dizziness?****Birth Control? If so, what kind**

STD? If so, what kind

Breast Pain?

Breast Lumps?

Nipple Discharge?

PMS, what symptoms?

Number of pregnancies

Number of live births

Number of abortions

Abnormal pap

General

Remarks

How much do you weigh?

Are you happy with your weight

Height

Neurologic

Y N P

Muscle Weakness

Loss of Memory

Dizziness Memor

Paralysis

Numbness

Tingling

Seizures

Nose and Sinus

Y N P

Stuffiness

Sinus Pain

Nose Bleeds
Hay Fever
Frequent Colds

Musculoskeletal

Y **N** **P**

Joint Pain
Joint Stiffness
Back Pain
Neck Pain
Weakness
Broken Bones
Arthritis
Sciatica
Muscle Spasm

Skin

Y **N** **P**

Rashes
Acne
Boils
Lumps
Eczema
Hives
Hair Loss
Night Sweats

Mouth and Throat

Y **N** **P**

Sore Throats
Teeth Grinding

	Gum Problems			
	Dental Cavities			
	Jaw Clicks			
	Hoarseness			
Neck		Y	N	P
	Lumps			
	Goiter			
	Swollen Glands			
	Pain/Stiffness			
Endocrine		Y	N	P
	Hypothyroidism			
	Hypoglycemia			
	Excessive Thirst			
	Fatigue			
	Feel too Hot			
	Feel too Cold			
	Excessive Hunger			
	Seasonal Depression			
Immune		Y	N	P
	Chronic Infections			
	Chronic Fatigue			
	Frequent Infections			
	Slow Wound Healing			
	Has your child had COVID? (dates)			
	Has anyone in your (home) family had COVID? (dates)			

Head		Y	N	P
	Migraines			
	Head Injury			
	Jaw/TMJ Pain			
	Headaches			
Respiratory		Y	N	P
	Cough			
	Spitting up blood			
	Asthma			
	Pneumonia			
	Pain on Breathing			
	Tuberculosis			
	Difficulty Breathing			
	Bronchitis			
Eyes		Y	N	P
	Impaired Vision			
	Spots in Vision			
	Cataracts			
	Glasses or Contacts			
	Eye Pain			
	Dryness			
	Glaucoma			
Ears		Y	N	P
	Impaired Hearing			
	Earaches			
	Ringing			

Dizziness

Blood Vessels

Y N P

Easy Bleeding/Bruising

Deep Leg Pain

Varicose Veins

Anemia

Cold Hands/Feet

Thrombophlebitis

Immunizations

Polio

Measles/Mumps/Rubella Diphtheria

Meningitis

Tetanus

Pertussis

Has your child has the COVID vaccine?

If yes, which vaccine and when?

Other

Childhood Illnesses

Mumps

Measles

Diphtheria

Chicken Pox

German Measles

Rheumatic Fever

X Rays and Special Studies

List Scans and x-rays you have had. Include Cat Scan, MRI Scan, Xrays, Heart studies other special studies.

PANDAS/PANS Supplemental Questionnaire

When exactly did your child's symptoms begin?

Please describe your child's symptoms at onset of PANDAS/PANS?

Has family has been tested for strep? If so, when?

Do you or your spouse have a family history that includes frequent strep illness, rheumatic illness, scarlet fever or related infections, autoimmune illness or gluten-related issues?

On a scale of 1-10 please rate your child's current level of overall symptom severity

Has your child been diagnosed with PANDAS/PANS?

If so, when and by whom?

Do you have any other children with PANDAS/PANS or another neuropsychiatric, behavioral or developmental disorder?

Has your child ever been tested for the following? If yes, please indicate when and outcome of test. If your child was tested for Lyme related infections, please indicate which lab ran the test.

	Lab	Date	Results
Strep			
Lyme			
Lyme co-infections			
Mycoplasma pneumonia			
Immune deficiency			
PANDAS (Cunningham Panel)			
Food Allergies			
Viral Illness			
Autoimmune disease			
Functional Stool Testing or other GI Workup			

Do you need help communicating to your child's school?

Please list all of your child's medical diagnoses and dates of onset

	Diagnosis	Date	Provider
1			
2			

3

4

5

6

7

8

9

10

In addition to medical care for your child and a magic wand, what else do you need for their care or your family's care at this time?

How many additional/other providers have you consulted with since the onset of your child's symptoms and in which specialty?

	Specialty	Approx dates when started	Remarks
Provider Name			
Provider Name			
Provider Name			
Provider Name			
Provider Name			
Provider Name			

Which provider(s) have helped your child the most? Name / Specialty

Is your child in school?

Yes- Do you have a special school accommodation (IHP, IEP or 504 plan) ? Please explain below

No- Please explain below

Other

PANS 31-Item Symptom Rating Scale (PANS Rating Scale)

Name/Participant ID: _____ Date: _____ Completed by: ☐ Mother ☐ Father ☐ Other _____

Please rate the following symptoms based on their severity during the past week. Severity Ratings: 0 – None 1 – Mild: Slight interference in family, school, or social situations. Overall, symptoms are not impairing. 2 – Moderate: Definite interference in family, school, or social situations, but still manageable. 3 – Severe: Causes substantial interference in family, school, or social situations. 4 – Extreme: Incapacitating symptoms.	Please check box 0-4 to best represent severity				
	None	Mild	Moderate	Severe	Extreme
Symptom Type: (*See definitions on next page)	0	1	2	3	4
1. Obsessions*					
2. Compulsions*					
3. Hoarding					
4. Food refusal/avoidance					
5. Urge to overeat; thinking about eating all the time					
6. Fluid refusal/avoidance					
7. Separation anxiety					
8. Other anxiety/fears/phobias/panic attacks					
9. Mood swings*/moodiness					
10. Emotional lability (inappropriate crying or laughing spells)					
11. Suicidal ideation/behavior*					
12. Depression/sadness					
13. Irritability*					
14. Oppositional behaviors					
15. Aggressive behaviors* and/or rage					
16. Hyperactivity or impulsivity					
17. Trouble paying attention					
18. Baby talk					
19. Other behavioral/developmental regression (poor self-care, immature judgment for age)					
20. Worsening of school performance					
21. Worsening of handwriting/copying/artwork					
22. Cognitive symptoms (difficulty thinking, foggy brain, memory problems)					
23. Pain (headaches, abdominal pain, body pain)					
24. Sleep disturbance					
25. Daytime wetting or bedwetting (enuresis)					
26. Urinary frequency (uses restroom frequently)					
27. Bothered by sounds, smells, textures, or lights (sensory amplification)					
28. Hallucinations*					
29. Delusions or paranoid thoughts					
30. Tics (movements)*					
31. Tics (sounds)*					
# of hours/day involved in obsessions: _____ # hours/day involved in compulsions/rituals: _____					

PANS 31-Item Symptom Rating Scale (PANS Rating Scale)

Definitions:

Obsessions: are unwanted thoughts or images that come in to your child's head. They can be scary or embarrassing or strange. Some children have thoughts of bad things happening to their parents, or of getting sick. Some children have trouble getting the thoughts out of their head.

Compulsions: are routines, rituals, or actions that your child might feel like they need to do in order to stop bad things from happening or until something is 'just so'. Some children line things up or arrange things in a certain way, or ask their parents for reassurance.

Mood swings: are when your child's mood changes quickly and frequently. Your child may go from being happy or calm to being upset about something.

Suicidal ideation/behavior: is when your child thinks or expresses not wanting to be alive anymore, or does something intentionally to hurt themselves. An example of suicidal ideation is when a child says that they want to die or would rather be dead.

Irritability: is when your child is easily annoyed or bothered by little things that would not normally upset someone.

Aggressive behaviors: can cause physical or emotional harm to others. Examples of aggressive behavior include yelling, hitting/kicking, getting into fights, and bullying others.

Hallucinations: are when your child hears or sees things that are not there in a way that seems strange. Some children hear voices or they see people or things when no one is there.

Tics (movements) or Motor tics: are sudden jerks or movements, such as forceful eye blinking or a rapid head jerk to one side or the other. Some tics might be more subtle, like scrunching the nose. They occur during otherwise normal behavior. Other examples of motor tics include jerking the head or arms or legs, or stretching the mouth or jaw in a way that seems odd or too frequent.

Tics (sounds) or Vocal tics: are sudden utterances of sounds such as throat clearing, sniffing, or words. They can be very loud or soft. Other examples of vocal tics are repeated words or noises, or coughing.